

VIP – VOLUNTEERS IN PARTNERSHIP

Summer 2019

Volume 14, Issue 2

Please note, as of August 19th our address will indicate we are now on Charles Allan Way.

VOLUNTEER SERVICES OF WELLINGTON TERRACE

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Greetings to all volunteers,

I hope this newsletter finds you enjoying the summer. It is hard to believe we are rounding the corner to August already!

Our annual Volunteer Appreciation event is coming up soon as well; please save the date!

We will be celebrating YOU, our tremendous team of volunteers, on Friday, September 13th at 9:00am at the Lighthouse restaurant located at the Grand River Raceway. More details will be sent to you in the upcoming weeks. We hope you can join us!

If you wish to pick up another volunteer role, or if you know someone who may wish to join our Volunteer Team, we are hoping to fill several positions in the following volunteer roles as soon as possible:

- **Gardening Support** any day of the week! 1-2 hours a week is all it takes, and our Gardener Donna would greatly appreciate your assistance helping her maintain our many gardens. This role is physical in nature and will be active right up until the end of October
- **Dining Room Assistant** for any evening meal from 5:00 to 6:30pm, or weekend meals with shifts from 8:00 to 9:30am, 12:00 to 1:30pm or 5:00 to 6:30pm. Our significant needs at this time are in Maple Ridge, Cedar Gorge and Birch Dale
- **Hair Salon Support;** we are looking for volunteer assistance for Cindy, our Hair Dresser, for occasional mornings or afternoons during the week when our regularly-scheduled volunteers are unavailable. In this role, you would be assisting residents from various neighbourhoods to our in-house hair salon. This role involves socializing, assisting with light tasks and a good amount of walking throughout the building. No hair salon experience is necessary!
- **Musical Entertainers** for occasional special events and theme programmes. Just one hour of sharing your musical talents will bring joy to our residents!
- **Programme Support** for our special events and outings happening throughout the year. This role occurs on an occasional basis and is not a weekly commitment; time and day will vary
- **EVERY OTHER Tuesday Afternoon Trivia Programme in Apple Valley.** We are looking for a volunteer to lead a Trivia Programme with a small group of residents **every other** Tuesday afternoon from 1:45 to 2:45pm

- **Friday OR Saturday Afternoon Golf Cart Rides.** We are looking for a volunteer to accompany our Recreation Therapists and a small group of residents on weekly golf cart rides. This is a 1:15 to 3:45pm shift and is dependent on the weather
- **Church Assistance;** our Recreation Therapists appreciate assistance bringing residents to and from our in-house church service every Sunday; this shift runs from 1:30 to 3:00pm

With sincere appreciation,
Mary Black, Volunteer Services Coordinator

WE REMEMBER

I am saddened to share with you about the passing of two of our former volunteers here at Wellington Terrace. Cathy Robinson used to volunteer as a Euchre Afternoon Volunteer in Walnut Grove for many years. Our residents and staff always enjoyed visiting and working with Cathy; she loved to laugh and joke with the residents.

Benny DiZitti also volunteered with us as a Pet Therapy visitor for several years. Benny was a very kind, gentle person who enjoyed greeting our residents with his dog Skipper each week. Our thoughts are with the loved ones of Cathy and Benny.

Welcome to our new volunteer team members who have joined since our last publication:

- **Pat S-** Special Events and Outings Assistance
- **Dallas K** – Programme Support in Oak Glen
- **Dave O** – Biking Buddy for Maple Ridge
- **Amy S** – Biking Buddy for Walnut Grove
- **Camryn H** – One to One Visiting and Support in Oak Glen
- **Robert B** – Biking Buddy for Maple Ridge
- **Claire L** – Biking Buddy for Maple Ridge
- **Christina P and Knacke** – Pet Therapy Volunteers
- **Lynne M-C and Nikki**– Pet Therapy Volunteers
- **Tamara P** – Special Events Assistance
- **Marleen M** – Gardening Support
- **Suzie L** – Gardening Support
- **Katherine G** – Gardening Support
- **Jason H** – Biking Buddy for Walnut Grove

We also welcome several people who have recently been formally registered as volunteers, though they have been supporting our Circle of Song Choir for a while now. Welcome and thank you to Marie, Thelma, Linda, Starr, Ann and Gerrie.

“The broadest and maybe the most meaningful definition of volunteering: Doing more than you have to because you want to, for a cause you consider good.”

~Ivan Scheier

Have a great rest of your summer!