



**MISSION**  
 Together our team is committed to providing compassionate care, honouring the unique needs of each resident.

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# September Apple Valley Recreation Calendar

Activities are subject to change to follow Covid-19 guidelines and restrictions  
 Group programs consist of maximum 4 residents when no respiratory symptoms are observed on the neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-Schedules Family virtual visits 10:00 Catholic Mass (when Caity is on)  2:00 Church Service (when Caity is on)  ** when Caity is not on residents can watch a church service in their rooms on channel 8 or ask staff to turn it on in the TV room**	Exercises with Erin in the Morning  Pre Schedules Family virtual visits  1:45 Bingo (when Caity is on)  2:00 Hymn Sing  One to one visits with Caity (when Caity is on)	Pre-Schedules Family virtual visits  10:00 Morning Walks with Caity  2:00 Hymn Sing	Pre-Schedules Family virtual visits  Tuck Cart Visits  11:00 Craft Club  2:00 Golf Cart Rides	Pre-Schedules Family virtual visits  10:00 Gardening (When Caity is on)  2:00 Sing Along (When Caity is on)	Pet Therapy Visits with Cliff ( August 6th, 13th )  2:00 Manicures  Pre-Schedules Family virtual visits	Pre-Scheduled Family virtual visits  10:00 Sing Along (weekends Caity is on)  2:00 Bike Rides (weekends Caity is on)
Caity 8-4 Sunday September 12th, 26th  Caity is off Sunday September 5th, 19th	Caity 11-7  Caity is off Monday September 6th, 13th, 27th	Caity 8-4	Caity 8-4:30	Caity 8-4 Caity is off Thursday September 9th, 23rd	Caity 11-7  Caity is off Friday September 17th	Caity 8-4 Saturday September 11th, 25th  Caity is off Saturday September 4th, 18th

**\*\*Programs subject to change in regards to covid-19 restrictions and outbreak precautions \*\***