

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings and Meal Programs are specialty programs in which there are only a limited number of spaces available. The Recreation Therapist works on a rotational basis to ensure there is fair opportunity for residents to attend. Programming is also subject to change due to a variety of reasons. Please keep an eye on the white board for daily updates.	Heather-OFF 1 Easter Monday- No Formal Programming <i>Apple Valley has chicks & ducks hatching. Pop over to have a look at the eggs.</i> <i>Grab a copy of the Oak Glen Gazette Today!</i> <small>All Fools' Day</small>	Heather -OFF 2 Manicure Morning with Annette 11:00 Crokinole with Ross 1:30 Hand Therapy	Heather 8-4 3 10:30 Drumm Fit 11:15 Tuck Cart with Virginia 2:00 Euchre Afternoon 2:00 Resident's Council- on Apple Valley	Heather 8-4 4 10:00 Bowling with Judy 11:00 Anglican Communion 1:30 Hand Therapy 2:00 Circle of Song	Heather 8-4 5 Chicks hatching soon on Apple! 10:00 Crafting Group- Pot Painting/ Cards for Volunteers 12:00 Exercise with Kristen 2:00 Men's Group – Trivia	Heather -OFF 6 1:30 Channel 19 Movie 2:00 Bingo on Apple
Heather -OFF 7 1:30 Channel 19 Movie 2:00 Church Service on Apple	Heather 10:30-7:30 8 Blue Jays Home Opener Wear Blue! SOLAR ECLIPSE 3pm 11:00 Chair Yoga 2:00 Bingo on Apple with Heather 5:30 Evening Meal Program- Order In	Heather 12-8 9 Hymn Sing on Apple Manicure Morning with Annette 11:00 Crokinole with Ross 1:30 Hand Therapy 2:00 Travelling Library 6:30 Pub Night	Heather 8-4 10 10:00 Sewing Club on Apple 10:30 Drumm Fit 11:15 Tuck Cart- with Virginia 2:00 Euchre Afternoon	Heather 8-6 11 10:00 Bowling with Judy Heather in Meeting 10-12 1:30 Hand Therapy 2:00 Garden Prep – Potting our Seeds	Heather -OFF 12 12:00 Exercise with Kristen Masks come off this day!!	Heather 8-4 13 10:00 Morning Outing on the Bus 1:30 Channel-19 Movie 2:00 Java Music
Heather 8-4 14 8:30 Breakfast Club with Heather – Bacon Eggs Toast Visits with Heather 2:00 Church Service	Heather 10:30-7:30 15 11:00 Chair Yoga 2:00 Bingo on Apple with Heather 5:30 Evening Meal Program- Spaghetti and Caesar Salad	Heather -OFF 16 *Euchre Tournament All Week* Hymn Sing on Apple Manicure Morning with Annette 11:00 Crokinole with Ross FLU SEASON IS OFFICIALLY OVER !!	Heather 8-4 17 10:00 Sewing Club on Apple 10:30 Drumm Fit Terrace Boutique in the Clearing! 11:15 Tuck Cart- with Virginia 2:00 Euchre Afternoon 2:00 April Birthday Party – Michael Kelly Cavan	Heather 8-4 18 10:00 Bowling with Judy 1:30 Hand Therapy 2:00 Garden Prep – Potting our Seeds	Heather 8-4 19 10:00 Morning Visit to the Museum 12:00 Exercise with Kristen 2:00 Men's Group - Euchre	Heather -OFF 20 <i>Patches the Guinea Pig is coming in again for a visit!! We will post a sign when they are here.</i> 1:30 Channel 19 Movie
Heather -OFF 21 1:30 Channel 19 Movie	Heather 10:30-7:30 22 11:00 Chair Yoga 2:00 Bingo on Apple with Heather 5:30 Evening Meal Program- Homemade Pizza <small>Passover Begins Earth Day</small>	Heather 8-4 23 Hymn Sing on Apple Manicure Morning with Annette 10:30 Oak Glen Gazette Meeting 11:00 Crokinole with Ross 1:30 Hand Therapy 2:00 Museum Presentation on Apple Valley – Hats, Handbags & Handkerchiefs	Heather 8-4 24 10:00 Sewing Club on Apple 10:00 Tour of Kitchen/ Laundry/Maintenance 11:15 Tuck Cart- with Virginia 2:00 Euchre Afternoon Heather in Meeting 2-4pm <small>Administrative Professionals Day</small>	Heather 11-7 25 No Bowling this Morning!! 1:30 Hand Therapy 2:00 Circle of Song Volunteer Appreciation Event Heather out of Building for afternoon/ evening	Heather -OFF 26 12:00 Exercise with Kristen	Heather 8-4 27 10:00 Morning Outing- Walmart 1:30 Channel-19 Movie 2:00 Bingo with Heather
Heather 8-4 28 8:30 Breakfast Club Visits with Heather 2:00 Church Service	Heather 10:30-7:30 29 11:00 Chair Yoga 2:00 Bingo on Apple with Heather 5:30 Evening Meal Program- Order In	Heather -OFF 30 Hymn Sing on Apple 11:00 Cronikole with Ross Manicure Morning with Annette 1:30 Hand Therapy	<h1>APRIL 2024</h1> Oak Glen Recreation Calendar			

For any questions or concerns please reach out to Heather Karrow at heatherk@wellington.ca or at voicemail 7502.