

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Maple Ridge Programme Calendar

<p>Jessica OFF 3</p>	<p>Jessica 8-4 4 Meeting 2:45 10:00 Hot chocolate & cookies 2:00 Games – Tetris</p>	<p>Jessica 11-7 5 Meeting 2:30 10:00 Exercise group with Pooja 10:15 Hymn Sing 1:30 Outdoor Visits 5:00 Meal Programme – Tocos <small>Cinco de Mayo</small></p>	<p>Jessica 8-4 6 10:00 Ladies Manicures 11:30 Family Call 2:00 Drum Fit</p>	<p>Jessica 8-4 7 10:00 Morning Walks 11:00 St. John's Anglican Communion – Chaple 10:00 Exercise group with Pooja 2:00 Music with Ritch</p>	<p>Jessica 11-7 1 2:00 Tuck Cart 6:00 Piano with Jody <small>May Day</small></p>	<p>Jessica OFF 2 Jessica 8-4 9 10:00 Bread & Cookie Baking 11:30 Family Call 2:00 Tuck Cart Visits</p>
<p>Jessica 8-4 10 2:00 Mother's Day Ice Cream Social -Front Garden <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>Jessica OFF 11</p>	<p>Jessica 11-7 12 10:00 Exercise group with Pooja 2:00 Outdoor Visits Travelling 5:00 Meal Programme – Fish & Chip</p>	<p>Jessica 8-4 13 Welcome Makayla!! 10:00 Ladies Manicures 10:30 Catholic Mass - Chapel 11:30 Family Call 2:00 Drum Fit</p>	<p>Jessica 8-4 14 Meeting 3:15 10:00 Mornings Walks 10:00 Exercise group with Pooja 2:00 Games Lawn Games</p>	<p>Jessica 11-7 8 Wellington Terrace 20th Anniversary 2:00 Tuck Cart 6:00 Evening Walks</p>	<p>Jessica OFF 16 <small>Armed Forces Day</small></p>
<p>Jessica OFF 17</p>	<p>Jessica OFF 18 No Formal Programming <small>Victoria Day (Canada)</small></p>	<p>Jessica 8-4 19 9:45 Artful Aging 10:00 Exercise group with Pooja 10:15 Welcome Back Deb & Murray Biking Buddies 2:00 Museum Presentation Bikes & Golf Cart Return</p>	<p>Jessica 8-4 20 Meeting 2:30-4 10:00 Outing to Garden Centre 11:30 Family Call 1:45 Drum Fit</p>	<p>Jessica 8-4 21 1:30 Meeting 10:00 Morning Walks 10:00 Exercise group with Pooja 2:00 Garden Opening Ice Cream Social <small>Shavuot Begins</small></p>	<p>Jessica OFF 22</p>	<p>Jessica 8-4 23 10:00 Bread & Cookie Baking 11:30 Family Call 2:00 Afternoon Bike Rides</p>
<p>Jessica 7-3 24 8:00 Breakfast Club 10:00 Hymn Sing 2:00 Outdoor Visits</p>	<p>Jessica OFF 25 <small>Memorial Day</small></p>	<p>Jessica 11-7 26 10:00 Exercise group with Pooja 10:00 Biking Buddies with Deb & Murray 10:30 Jamboree 1:30 Cart Rides 5:00 Meal Programme BBQ</p>	<p>Jessica 8-4 27 Meeting 1-4 10:00 Ladies Manicures 11:30 Family Call</p>	<p>Jessica 11-7 28 10:00 Exercise group with Pooja 2:00 Birthday Party with Wally Maggs 6:00 Take a trip on the Cruise</p>	<p>Jessica 11-7 29 2:00 Afternoon Biking Buddies 6:15 Piano with Jody</p>	<p>Jessica OFF 30</p>
<p>Jessica OFF 31 2:00 Church on CG</p>	<p><i>Programmes are subject to change due to residents' needs. Please see daily whiteboard for current programmes.</i> Jessica Livingston Maple Ridge Recreation Therapist jessicaliv@wellington.ca 7729/7202</p>					