

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Oak Glen Recreation Calander

<p>Hannah OFF 3</p> <p>1:45 Movie on Channel #19: 2:00 Blue Jays Game – Apple Valley</p>	<p>Hannah 11-7 4</p> <p>2:00 Bingo on Apple Valley Meal Program -Tacos 7:00 Prayer Group with Deacon Paul</p>	<p>Hannah 8-4 5</p> <p>10:15 Hymn Sing – Apple Valley 11:00 Crokinole with Ross 2:00 Trivia <small>Cinco de Mayo</small></p>	<p>Hannah 8-4 6 <i>Meeting 2-3</i></p> <p>Morning Visits with Hannah 11:00 Tuck Cart with Virginia 11:45 Exercises with Kristen 2:00 Residents Council -On Apple Valley</p>	<p>Hannah 12-8 Makayla 12-8 7</p> <p>11:00 St. John’s Anglican Communion - In the Chapel 2:00 Decorating - Clearing <i>YRG Event in Evening</i></p>	<p>Hannah 8-4 1</p> <p>10:15 Garden Planning Meeting 11:00 Exercises with Kristen <small>May Day</small></p>	<p>Hannah OFF 2</p> <p>10:00 Chair Yoga with Vanesa 1:45 Movie on Channel #19 2:00 Armchair Travel – Apple Valley</p>
<p>Hannah OFF 3</p> <p>1:45 Movie on Channel #19: 2:00 Blue Jays Game – Apple Valley</p>	<p>Hannah 11-7 4</p> <p>2:00 Bingo on Apple Valley Meal Program -Tacos 7:00 Prayer Group with Deacon Paul</p>	<p>Hannah 8-4 5</p> <p>10:15 Hymn Sing – Apple Valley 11:00 Crokinole with Ross 2:00 Trivia <small>Cinco de Mayo</small></p>	<p>Hannah 8-4 6 <i>Meeting 2-3</i></p> <p>Morning Visits with Hannah 11:00 Tuck Cart with Virginia 11:45 Exercises with Kristen 2:00 Residents Council -On Apple Valley</p>	<p>Hannah 12-8 Makayla 12-8 7</p> <p>11:00 St. John’s Anglican Communion - In the Chapel 2:00 Decorating - Clearing <i>YRG Event in Evening</i></p>	<p>Hannah OFF 8</p> <p>11:00 Exercises with Kristen 2:00 Art with Tamara</p>	<p>Hannah 8-4 9</p> <p>Working Wellington Outing 1:45 Movie on Channel #19</p>
<p>Hannah 8-4 10</p> <p>2:00 Mother’s Day Ice Cream Social <i>(Families are encouraged to bring their Mother or an important woman in their life down)</i> <small>Mother’s Day National Skilled Nursing Care Week</small></p>	<p>Hannah 11-7 11 <i>National Nurses Week</i></p> <p>2:00 Bingo on Apple Valley Meal Program - BBQ Burgers 7:00 Prayer Group with Deacon Paul</p>	<p>Hannah OFF 12</p> <p>10:15 Hymn Sing – Apple Valley 11:00 Crokinole with Ross 2:00 Museum on Apple</p>	<p>Hannah 8-4 13</p> <p>10:30 Catholic Mass – in the Chapel 11:00 Tuck Cart with Virginia 11:45 Exercises with Kristen 2:00 Music Bingo – Men of Music</p>	<p>Hannah 8-4 Kristen OFF 14</p> <p>10:15 Bowling 2:00 Music with Ritch - On Oak Glen</p>	<p>Hannah 8-4 Kristen OFF 15</p> <p>10:30 Exercises with Hannah 1:30 Shopping Outing 2:00 Art with Tamara</p>	<p>Hannah OFF 16</p> <p>10:00 Chair Yoga with Vanesa 1:45 Movie on Channel #19: 2:00 Armchair Travel – Apple Valley <small>Armed Forces Day</small></p>
<p>Hannah OFF 17</p> <p>1:45 Movie on Channel #19 2:00 Central Pentecost Church Service</p>	<p>Hannah OFF 18 Victoria Day No Formal Programming <small>Victoria Day (Canada)</small></p>	<p>Hannah 11-7 19</p> <p>9:45 Artful Aging - Clearing 10:15 Hymn Sing - On Apple Valley 11:00 Crokinole with Ross 2:00 Name that Tune! 4:00 Bike Rides</p>	<p>Hannah 8-4 20 <i>Meeting 2:30 – 4</i></p> <p>10:00 Dan Bike Buddies 11:00 Tuck Cart with Virginia 11:45 Exercises with Kristen</p>	<p>Hannah 8-4 21</p> <p>10:15 Bowling 2:00 Sing into Spring – Karaoke <small>Shavuot Begins</small></p>	<p>Hannah OFF 22</p> <p>11:00 Exercises with Kristen 2:00 Art with Tamara</p>	<p>Hannah 8-4 23</p> <p>8:00 Breakfast Club 10:00 Chair Yoga with Vanesa 1:45 Movie on Channel #19: 2:00 Bingo on Oak Glen</p>
<p>Hannah 8-4 24</p> <p>10:00 Outing 1:45 Movie on Channel #19: 2:00 Games Galore</p>	<p>Hannah 11-7 25</p> <p>2:00 Bingo on Apple Valley Meal Program – BBQ Chicken Skewers 7:00 Prayer Group with Deacon Paul <small>Memorial Day</small></p>	<p>Hannah OFF 26</p> <p>10:15 Hymn Sing – Apple Valley 11:00 Crokinole with Ross</p>	<p>Hannah 8-4 27 <i>Meeting 1:00 - 4</i></p> <p>Morning Outdoor Strolls 11:00 Tuck Cart with Virginia 11:45 Exercises with Kristen</p>	<p>Hannah 8-4 28</p> <p>10:15 Bowling 2:00 Gardening</p>	<p>Hannah 8-4 29</p> <p>10:00 Bike Buddies with Mike 11:00 Exercises with Kristen 2:00 Art with Tamara 1:30 Outing</p>	<p>Hannah OFF 30</p> <p>10:00 Chair Yoga with Vanesa 1:45 Movie on Channel #19: 2:00 Armchair Travel – Apple Valley</p>
<p>Hannah OFF 31</p> <p>1:45 Movie on Channel #19: 2:00 Games Galore – Apple Valley</p>	<p>Contact: Hannah Friel Oak Glen Recreation Therapist hannahf@wellington.ca ext. 7759</p>					

Programs are subject to change, please see daily whiteboard for current programs. Outings/meal programs are limited in seating. Hannah ensures a fair opportunity for residents who are appropriate.