

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## Walnut Grove Activity Calander

<p>Karn Off Morning Manicures with Anna 1:45 Movie on Channel #19: "Charlie's Angels" 2:00 Church Service Knox Presbyterian</p>	<p><b>Karn 7:30-3:30</b> 10:00 Baking Group 11:00 Exercise Group 2:00 Bowling 6:30 Prayer Group with Deacon Paul</p>	<p><b>Karn 7:30-3:30</b> 10:00 Montessori Visits Working wellington 11:00 Group Exercises on Birch Dale <b>2:00 Museum Presentation</b> <small>Cinco de Mayo</small></p>	<p><b>Karn 11:00-7:00</b> Morning Tuck Cart Visits 11:00 Exercise Group 2:00 Residents Council Apple Valley 5:00 Cinco de Mayo Meal</p>	<p><b>Karn Off</b> 11:00 St John's Anglican Communion 11:00 Exercise Group 6:30 Bingo with Whitney</p>	<p><b>Karn 7:30-3:30</b> Shaylyn Coop Student 10:15 Fun &amp; Movement Afternoon Visits with Karn 2:00 Coffee &amp; Conversation with Deb <small>May Day</small></p>	<p><b>Karn Off</b> 1:45 Movie on Channel #19 "Julia &amp; Julia" 2:00 Bingo with Caity on BD</p>
<p><b>Karn Off</b> Morning Manicures with Anna 1:45 Movie on Channel #19: "Emma" 1:45 Mother's Day Ice Cream Social <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p><b>Karn Off</b> 11:00 Exercise Group 2:30 -4:30 Ritch the Wondering Musician 6:30 Prayer Group with Deacon Paul</p>	<p><b>Karn 9:30-3:30</b> 10:15 Hymn Sing 11:00 Exercise Group Travelling Library 2:00 Reading Group</p>	<p><b>Karn 10:00-7:00</b> Morning Walks Morning Tuck Cart Visits 10:30 Catholic Mass 11:00 Exercise Group Afternoon Therapeutic Appointments 2:00 Bingo BD 5:00 Meal Program</p>	<p><b>Karn 10:00-8:00</b> 11:00 Exercise Group 2:00 Games 6:30 Bingo with Whitney</p>	<p><b>Karn 7:30-3:30</b> Shaylyn Coop Student 10:15 Fun &amp; Movement Afternoon Visits with Karn 2:00 Coffee &amp; Conversation with Deb</p>	<p><b>Karn 7:30-3:30</b> 10:00 Flower Arranging 1:45 Movie on Channel #19 "Elvis" 2:00 Mother's Day Tea</p>
<p><b>Karn 7:00-4:00</b> Morning Manicures with Karn 11:00 Virtual Mass 1:45 Movie on Channel #19: "Emma" 1:45 Mother's Day Ice Cream Social <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p><b>Karn Off</b> 11:00 Exercise Group 2:30 -4:30 Ritch the Wondering Musician 6:30 Prayer Group with Deacon Paul</p>	<p><b>Karn 9:30-3:30</b> 10:15 Hymn Sing 11:00 Exercise Group Travelling Library 2:00 Reading Group</p>	<p><b>Karn 10:00-7:00</b> Morning Walks Morning Tuck Cart Visits 10:30 Catholic Mass 11:00 Exercise Group Afternoon Therapeutic Appointments 2:00 Bingo BD 5:00 Meal Program</p>	<p><b>Karn 10:00-8:00</b> 11:00 Exercise Group 2:00 Games 6:30 Bingo with Whitney</p>	<p><b>Karn 9:30-3:30</b> Shaylyn Coop Student 10:15 Fun &amp; Movement Afternoon Visits with Karn 2:00 Coffee &amp; Conversation with Deb</p>	<p><b>Karn Off</b> 1:45 Movie on Channel #19 "Nancy Drew" 2:00 Bingo with Caity on BD <small>Armed Forces Day</small></p>
<p><b>Karn Off</b> Morning Manicures with Anna 1:45 Movie on Channel #19: "Sixteen Candles" 2:00 Church Service on Birch Dale</p>	<p><b>Karn Off</b> <b>No Formal Programming</b> <small>Victoria Day (Canada)</small></p>	<p><b>Karn 7:30-3:30</b> 9:45 Artful Aging – Clearing 11:00 Exercise Group 2:00 Art Group with Ally</p>	<p><b>Karn 11:30-7:30</b> Morning Tuck Cart Visits 11:00 Exercise Group 2:00 Bingo on Birch Dale Afternoon Therapeutic Appointments 6:30 Birthday Party with Garry Lazarri</p>	<p><b>Karn 7:30-3:30</b> 10:15 Games 11:00 Exercise Group 2:00 Music with Ritchie 6:30 Bingo with Whitney <small>Shavuot Begins</small></p>	<p><b>Karn Off</b> Shaylyn Coop Student 10:15 Fun &amp; Movement 2:00 Coffee &amp; Conversation with Karn</p>	<p><b>Karn 7:30-3:30</b> Morning Bike Rides 1:45 Movie on Channel #19 "My Big Fat Greek Wedding" 2:00 Coffee &amp; Cookies</p>
<p><b>Karn 7:30-3:30</b> Morning Manicures with Karn 11:00 Virtual Mass 1:45 Movie on Channel #19: "Little House on the Prairie" 2:00 Church Service with St Andrews Presbyterian</p>	<p><b>Karn Off</b> 11:00 Exercise Group 2:00 Bowling 2:30 -4:30 Rich the Wondering Musician 6:30 Prayer Group with Deacon Paul <small>Memorial Day</small></p>	<p><b>Karn 7:30-3:30</b> 11:00 Exercise Group 2:00 Art Group with Ally 2:00 Afternoon Music with Roger McConnell</p>	<p><b>Karn 11:00-7:00</b> LED Meeting 1:00-4:00 Morning Tuck Cart Visits 11:00 Exercise Group Afternoon Therapeutic Appointments 2:00 Bingo on Birch Dale 5:00 Meal Program</p>	<p><b>Karn 12:00-8:00</b> 11:00 Exercise Group Afternoon Garden Outing 2:00 Ritchie Serenade 6:30 Bingo with Whitney</p>	<p><b>Jenee 8:00-4:00</b> Shaylyn Coop Student 10:15 Music &amp; Dance Afternoon Visits with Jenee 2:00 Coffee &amp; Conversation with Deb</p>	<p><b>Karn Off</b> 1:45 Movie on Channel #19 "Ace Ventura Pet Detective" David's Wellington Wish</p>
<p><b>Karn Off</b> 1:45 Movie on Channel #19 "Judy (Judy Garland)" 2:00 Church Service on Birch Dale with Makayla</p>	<p style="text-align: center;"><b>Karn Denkers</b> Walnut Grove Recreation Therapist 519-843-5359 ext.7302 <a href="mailto:karnd@wellington.ca">karnd@wellington.ca</a></p>					

Programs are subject to change please see the neighbourhood whiteboard for current programs. Outings/meal programs are limited in seating; we ensure a fair opportunity who are appropriate