

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Birch Dale Recreation Calendar						Caity Off 1:45 Movie on Ch #19 in you room~ “ Edie” 2:00 Ice Cream social on Walnut 1
Caity Off 2 1:45 Movie on Ch #19 in you room~ “ Before You Know It” 2:00 Church on Walnut with Knox Presbyterian	Caity Off 3 Civic Holiday No Formal Programming 2:30-4:30pm Wandering Musician	Caity 8-4 4 St Jacobs Market Morning Trip 11:00 Exercise Group 2:00 Tea Social	Caity 8-4 5 Fishing Trip Outing Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 2:00 Bike Rides with Richard	Caity Off 6 11:00 Exercise Group 6:30 Bingo with Whitney	Caity Off 7 2:00 Coffee and Conversations with Deb	Caity Off Makayla 8-4 8 10:30 Bingo 1:30 Homewide Ice Cream Parlour ~ <i>for family and friends to bring loved ones to</i>
Caity Off Makayla 8-4 9 10:15 Manicures with Makayla 1:45 Movie on Ch #19 in you room~ “Wild” 2:00 Church Service	Caity Off 10 11:00 Exercises on Walnut 2:00 Bowling 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 11 10:15 Hymn Sing 11:00 Exercise Group 2:00 Tea Social	Caity 12-8 12 Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bike Rides with Richard Birch and Walnut Water Games ~ All Afternoon 4:00 Wellington Wish	Caity 11-7 13 11:00 Exercise Group 1:45 Reading Group 2:00 Music With Rich 4:00 Craft Group 4:30 Musical Entertainment 6:30 Bingo with Whitney	Caity 8-4 14 Pet Therapy Visits With Cliff 10:15 Manicures 2:00 Outing	Caity Off 15 1:45 Movie on Ch #19 in you room~ “U.N.C.L.E” 2:00 Ice Cream social on Walnut
Caity Off 16 1:45 Movie on Ch #19 in you room~ “Water For Elephants”	Caity 8-4 17 10:15 Pet Care with Bok Choy the Bunny 11:00 Gardening 11:00 Exercises on Walnut 2:00 Bowling 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 18 10:15 Rockys Outing 11:00 Exercise Group 2:30 Tea Social	Caity 12-8 19 Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bingo 2:00 Bike Rides with Richard 5:00 BBQ Meal Program	Caity Off 20 11:00 Exercise Group 6:30 Bingo with Whitney	Caity 8-4 21 Pet Therapy Visits With Cliff 10:15 Manicures 2:00 Cart Rides 2:00 Coffee and Conversations with Deb	Caity 8-4 22 10:30 No Name Band ~ <i>in the clearing for family and friends to bring loved ones to</i> 1:45 Movie on channel # 19 ~ “Next Goal Wins” 2:00 Bingo
Caity 8-4 23 2:00 Church on Walnut with St Andrews Presbyterian 1:45 Movie on Ch #19 in you room~ “The Eyes of Tammy Faye”	Caity Off 24 11:00 Exercises on Walnut 2:00 Bowling 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 25 10:15 Gardening 11:00 Exercise Group 2:00 Tea Social	Caity 12-8 26 Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bingo 2:00 Bike Rides with Richard 6:30 Musical Entertainment Caity in a Meeting 1:30-4pm	Caity 1-9 27 11:00 Exercise Group 1:45 Puppy Visits 4:00 Working Wellington	Caity 8-4 28 Pet Therapy Visits With Cliff 10:15 Manicures 12:00 Special BBQ Lunch 1:30 Ice Cream Palour	Caity Off 29 1:30 Concert in the Clearing with Martin Wall ~<i>for family and friends to bring loved ones to</i> 1:45 Movie on Ch #19 in you room~ “Blinded By The Light”
Caity Off 30 1:45 Movie on Ch #19 in you room~ “George & Tammy”	Caity 8-4 31 10:15 Pet Care with Bok Choy the Bunny 11:00 Exercises on Walnut 2:00 Bowling 2:30 Wandering Musician 6:30 Prayer Group with Deacon Paul	Caity Cheyne Recreational Therapist caitlync@wellington.ca 519-846-5359 ext. 7749				
Programs are subject to change or cancellation, but Caity will do her best to replace with other opportunities. Outings and meal programs are by invitation to ensure fairness						