

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Caity Cheyne Recreational Therapist caitlync@wellington.ca 519-846-5359 ext. 7749		Caity 8-4 1 10:15 Working Wellington 11:00 Exercise Group 2:00 Museum Presentation ~in the clearing 2:15 One to one visits with Caity	Caity 12-8 2 Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Resident's Council Meeting 2:00 Bike Rides with Richard 2:15 Bingo 4:30 Craft Group Evening Strolls with Caity	Caity Off 3 11:00 Exercise Group 11:00 Anglican Communion ~in the Chapel	Caity 8-4 4 Pet Therapy Visits With Cliff 10:15 Manicures 2:00 Afternoon Drive	Caity 8-4 5 10:15 Craft Group 1:45 Movie on channel # 19 ~ "Alexander & the Terrible, Horrible, No Good, Very Bad Day" 2:00 Bingo
Caity 7-3 6 1:45 Movie on Ch #19 in you room~ " Bookshop " 2:00 Church on Walnut with St James Anglican	Caity Off 7 Happy Labour Day No Formal Programming	Caity Off 8 Traveling Library Visits 11:00 Exercise Group 2:00 Sing Along on Walnut	Caity 12-8 9 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bike Rides with Richard 2:00 Bingo 6:00-7:00 Car Show	Caity 11-7 10 11:00 Exercise Group 2:00 Music With Rich 4:30 Musical Entertainment	Caity 8-4 11 Pet Therapy Visits With Cliff 10:15 Manicures Caity is in a meeting all afternoon	Caity Off 12 1:45 Movie on Ch #19 in you room~ " Nolly " 2:00 20 th Anniversary Music with Alex Burnettt- <i>in the clearing for family and friend to take their loved ones too</i>
Caity Off 13 1:45 Movie on Ch #19 in you room~ " Sign Sealed Delivered " 2:00 Church Service on Walnut with Knox Presbyterian	Caity 8-4 14 10:15 Gardening 11:00 Exercises on Walnut 2:00 Homewide Bingo ~ in the clearing 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 15 9:45 Artful Aging 10:15 Working Wellington 11:00 Exercise Group 2:00 Tea Social Caity is in a meeting in the afternoon	Caity 9-5 16 10:30 Pie in the Face~ Resident's Council Fundraising event 1:30-3:30 Carnival ~ <i>in the clearing and front parking lot</i>	Caity 11-7 17 11:00 Exercise Group 2:00 Resident's Council Bowl-Off event Evening Strolls with Caity	Caity Off 18 2:00 Musical Entertainment on Walnut with Rob Edlefsen	Caity Off 19 1:30 Homewide Ice Cream Parlour ~ <i>in the clearing for family and friends to bring their loved ones to</i>
Caity Off 20 1:45 Movie on Ch #19 in you room~ " My Penguin Friend"	Caity Off 21 11:00 Exercises on Walnut 2:00 Bowling 2:30-4:30 Wandering Musician on Birch and Walnut 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 22 10:15 Working Wellington 11:00 Exercise Group 2:00 Tea Social	Caity 12-8 23 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bike Rides with Richard 2:00 Bingo 5:00 Meal Program Caity is in a meeting from 1:30-4pm	Caity 11-7 24 11:00 Exercise Group 2:00 Reading Group 4:30 Musical Entertainment Evening Strolls with Caity	Caity 8-4 25 Pet Therapy Visits With Cliff 10:00 Music and Dance on Walnut with Jenee 10:15 Manicures 2:00 Afternoon Drive	Caity Off 26 1:45 Movie on Ch #19 in you room~ " The Call Of The World "
Caity Off 27 1:45 Movie on Ch #19 in you room	Caity 8-4 28 10:15 Gardening 11:00 Exercises on Walnut 2:00 Bowling 6:30 Prayer Group with Deacon Paul on Walnut	Caity 8-4 29 St Jacobs Outing 11:00 Exercise Group 2:30 Tea Social	Caity 12-8 30 Tuck Cart Visits with Virginia 11:00 Exercises on Walnut 11:15 Working Wellington 2:00 Bike Rides with Richard 2:00 Bingo 7:00 Homewide Bon Fire	September 2026 Birch Dale Recreation Calendar		

Programs are subject to change or cancellation but Caity will do her best to replace with other opportunities. Outings and meal programs are by invitation to ensure fairness