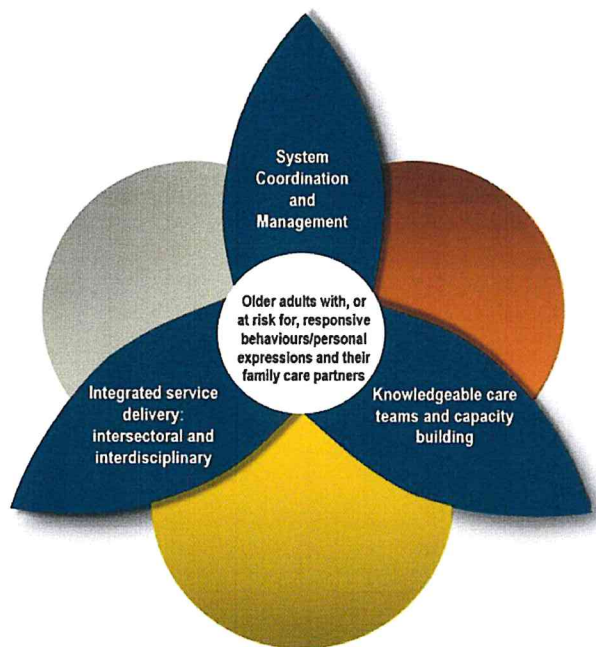


## BSO Mandate

Behavioural Supports Ontario (BSO) provides behavioural health care services for older adults in Ontario with, or at risk of, responsive behaviour (also known as 'personal expressions') associated with dementia, complex mental health, substance use and/or other neurological conditions. This includes adults with age related neurocognitive conditions (e.g., early onset dementia) and support for family and professional care partners.

*[behaviouralsupportsontario.ca](http://behaviouralsupportsontario.ca)*



Each BSO team runs a little differently. A long term care home BSO team may include one or more of the following:

- Registered nurse (RN)
- Registered practical nurse (RPN),
- Personal support worker (PSW),
- Recreation therapist &/or activity professional

## Your BSO Team

For more information on the Behaviour Supports team at Wellington Terrace please contact the team leader.



Behavioural Supports Ontario  
Soutien en cas de troubles du comportement en Ontario

## Behavioural Supports Ontario (BSO)

Working together to enhance the quality of life for older adults across Ontario who have complex behavioural health need(s) and their care partners.

**BSO provides support & education for:**

- The Individual
- Family Care Partner(s)
- Staff



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## BSO Initiatives



**Working collaboratively to find and implement interventions and approaches to address the needs of older adults at:**

- an INDIVIDUAL level (non-pharmacological therapies and gentle persuasion)
- an ORGANIZATIONAL level (staff education and training, environmental modifications)
- a SYSTEM level (regional networking, sharing best practices)

### Sources

*& for more information, please visit:*

- [Brainxchange.ca](http://Brainxchange.ca)
- [Behaviouralsupportsontario.ca](http://Behaviouralsupportsontario.ca)

## What does a BSO team do in Long Term Care?

- With a primary focus on personhood, they conduct behavioural assessments which help determine person-centred techniques and approaches to enhance their quality of care.
- They understand that personal expressions are caused by unmet needs and therefore aim to identify and address them.
- They create and trial interventions with individuals with complex needs.
- They collaborate and share what they have learned about how to meet the person's needs with their care team.



*We are here to help.*

*We want to learn as much as we can about our residents and know that the best way to do that is to listen, build trust and collaborate with the important people in their lives.*

## What is Behavioural Supports Ontario (BSO)?

Behavioural Supports Ontario (BSO) provides behavioural health care for older adults in Ontario with, or at risk of, responsive behaviours/personal expressions associated with dementia, complex mental health, substance use and/or other neurological conditions.

*With consent, anyone can refer an individual for BSO services.*

### BSO teams:

- Support Individuals who have or are at risk of responsive behaviours/personal expressions
- Support family care partners
- Facilitate transitions across sectors
- Enhance knowledgeable care teams & capacity building

