

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Cedar Gorge Recreation Calendar						Leah Off 1 1:45 – Movie on Channel #19
Leah Off 2 1:45 – Movie on Channel #19	Leah Off 3 11:00 – Group Exercises	Leah 12:00 – 8:00 4 10:15 – Hymn Sing with Jenee 2:00 – Manicures 5:00 – Meal Program: Fish N’ Chips 6:30 – Prayer Group	Leah 8:00 – 4:00 5 10:15 – Bike Rides 2:00 – Snoezelen & Montessori	Leah 8:00 – 4:00 6 10:15 – Baking: Easy Peach Galette 2:00 – Games with Maple Ridge	Leah Off 7 11:00 – Group Exercises	Leah 7:00 – 3:00 8 8:30 – Breakfast Club 1:45 – Movie on Channel #19 Ice Cream Parlor In the Clearing! 1:30pm – 3:00pm
Leah 8:00 – 4:00 9 10:15 – Sunday Morning Country Drive 1:45 – Movie on Channel #19 2:00 – Bethel Baptist Church Service (Cedar Gorge Dining Room)	Leah Off 10 11:00 – Group Exercises Rich the Wandering Musician Between CG & MR 2:30pm – 4:40pm Afternoon Tuck Cart	Leah 12:00 – 8:00 11 2:00 – Manicures 5:00 – Meal Program: Hamburgers, Hotdogs, Corn on the Cob 6:30 – Prayer Group	Leah 8:00 – 4:00 12 10:15 – Bike Rides 2:00 – Outing with Maple Ridge	Leah 8:00 – 4:00 13 10:15 – Baking: Lemon Blueberry White Chocolate Cookies 2:00 – Peach Social with Maple Ridge	Leah 8:00 – 4:00 14 11:00 – Group Exercises 2:00 – Craft Afternoon	Leah Off 15 1:45 – Movie on Channel #19
Leah Off 16 1:45 – Movie on Channel #19	Makayla 12:00 – 4:00 17 Leah Off – Vacation 11:00 – Group Exercises Afternoon Tuck Cart 2:00 – Reading Group	Makayla 12:00 – 8:00 18 Leah Off – Vacation 2:00 – Manicures 5:00 – Meal Program: BBQ Chicken Dinner 6:30 – Prayer Group	Makayla 8:00 – 4:00 19 Leah Off – Vacation 10:00 – Outing with Maple Ridge 2:00 – Snoezelen & Montessori	Leah Off – Vacation 20 2:00 – Games with Maple Ridge	Leah Off – Vacation 21 11:00 – Group Exercises	Leah Off – Vacation 22 1:45 – Movie on Channel #19 2:00 – No Name Band Performance in the Clearing
Makayla 8:00 – 4:00 23 Leah Off – Vacation 10:15 – Sunday Morning Sing-a-long 1:45 – Movie on Channel #19 2:00 – Church Service (TV)	Leah Off 24 11:00 – Group Exercises Afternoon Tuck Cart	Leah 12:00 – 8:00 25 2:00 – Manicures 5:00 – Meal Program: BBQ with Oak Glen 6:30 – Prayer Group	Leah 8:00 – 4:00 26 10:15 – Bike Rides Leah at LED Meeting 1:30pm – 4:00pm Afternoon Haircuts with Cindy	Leah 8:00 – 4:00 27 10:15 – Baking: S’mores Cookies 2:00 – Musical Entertainment with Rob Edlefsen	Leah 8:00 – 4:00 28 11:00 – Group Exercises 2:00 – Snoezelen and Montessori Afternoon Haircuts with Cindy	Leah Off 29 1:45 – Movie on Channel #19
Leah Off 30 1:45 – Movie on Channel #19 2:00 – Bethel Mennonite Church Service with Jenee (Cedar Gorge Dining Room)	Leah 11:00 – 7:00 31 11:00 – Group Exercises Afternoon Tuck Cart 2:00 – Craft Group	Leah Smith Cedar Gorge Recreation Therapist leahs@wellington.ca ext. 7102				

PROGRAMS ARE SUBJECT TO CHANGE! PLEASE CHECK DAILY RECREATION WHITEBOARD FOR UPDATES!