

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cedar Gorge Recreation Calendar						Leah Off 1 1:45 – Afternoon Movie on Channel 19
Leah Off 2 1:45 – Afternoon Movie on Channel 19 Daylight Saving Time Ends	Leah 11:00 – 7:00 3 10:30 – Group Exercises Tuck Cart 11:00 – Prayer Group with Deacon Paul 2:00 – Games with James	Leah 11:00 – 7:00 4 10:15 – Hymn Sing on Maple Ridge 2:00 – Manicures 5:00 – Meal Program: Spaghetti and Meatballs	Leah 8:00 – 4:00 5 10:15 – Drum Fit! 2:00 – Resident Council Meeting (Apple Valley) Relax and Refresh: Afternoon Haircuts with Cindy	Leah 8:00 – 4:00 6 11:00 – Anglican Communion 2:00 – Circle of Song	Leah Off 7 10:30 – Group Exercises Relax and Refresh: Afternoon Haircuts with Cindy	Leah Off 8 1:45 – Afternoon Movie on Channel 19
Leah Off 9 1:45 – Afternoon Movie on Channel 19 2:00 – St. Andrews Presbyterian Church Service on Maple Ridge	Leah 11:00 – 7:00 10 10:30 – Group Exercises Tuck Cart 11:00 – Prayer Group with Deacon Paul <i>2:15 – Remembrance Day Service with Maple Ridge</i>	Leah Off 11 Remembrance Day Veterans Day Remembrance Day (Canada)	Leah 8:00 – 4:00 12 10:30 – Catholic Mass (Chapel) 2:00 – Snoezelen	Leah 8:00 – 4:00 13 10:15 – Baking: Peanut Butter Cookies 2:00 – Games: Bowling	Leah Off 14 Living Classroom Open House! 10:00am – 2:00pm 10:30 – Group Exercises	Leah 8:00 – 4:00 15 10:00 – Living Classroom Student Interviews 1:45 – Afternoon Movie on Channel 19 2:00 – Snoezelen
Leah 8:00 – 4:00 16 10:30 – Sunday Sing-along 1:45 – Afternoon Movie on Channel 19 2:00 – Church Service (TV)	Leah Off 17 10:30 – Group Exercises Tuck Cart 11:00 – Prayer Group with Deacon Paul 2:00 – Choir with Susan on Maple Ridge	Leah 8:00 – 4:00 18 10:15 – Tea Social with James Travelling Library 2:00 – Manicures 2:00 – Museum Presentation	Leah 8:00 – 4:00 19 10:30 – Drum Fit! 2:00 – Country Drive	Leah 8:00 – 4:00 20 10:15 – Baking: Lemon Tea Cookies 2:00 – Games: Music Bingo	Leah 8:00 – 4:00 21 10:30 – Group Exercises <i>2:00 – “Foster Friday”: Meet our Foster Bunny, Dally!</i> <i>Meet & greet will be set up between Cedar Gorge & Maple Ridge</i>	Leah Off 22 1:45 – Afternoon Movie on Channel 19
Leah Off 23 1:45 – Afternoon Movie on Channel 19	Leah 11:00 – 7:00 24 10:30 – Group Exercises Tuck Cart 11:00 – Prayer Group with Deacon Paul 2:00 – Music with the Melody Makers (The Clearing)	Leah 11:00 – 7:00 25 10:15 – Games with James 2:00 – Manicures 5:00 – Meal Program: Quiche	Leah 8:00 – 4:00 26 10:30 – Drum Fit! <i>Leah at LED Meeting 1:30pm – 4:00pm</i>	Leah 8:00 – 4:00 27 10:15 – Reading and Reminiscing 2:00 – November Birthday Party and Entertainment with Wally Maggs! Thanksgiving Day (U.S.)	Leah Off 28 10:30 – Group Exercises	Leah 7:30 – 3:30 29 8:30 – Breakfast Club 1:45 – Afternoon Movie on Channel 19 CHRISTMAS DECORATING!
Leah 8:00 – 4:00 30 10:30 – Sunday Sing-along 1:45 – Afternoon Movie on Channel 19 2:00 – Knox Presbyterian Church Service	Leah Smith Cedar Gorge Recreation Therapist leahs@wellington.ca ext. 7401					

PROGRAMS ARE SUBJECT TO CHANGE! PLEASE CHECK DAILY RECREATION WHITEBOARD FOR UPDATES!