November 2026

Cedar Gorge Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Leah 8:00 – 4:00** 10:15 – Sunday Morning Sing-a-long 1:30 Movie on Channel #19: *The Father* 2:00 – Church Service (TV) Daylight Saving Time Ends	**2** **Leah Off** 11:00 – Group Exercises	**3** **Leah 8:00 – 4:00** 10:15 – Hymn Sing with Leah 2:00 – Manicures 2:00 – Museum Presentation in the Chapel 6:30 – Prayer Group	**4** **Leah 8:00 – 4:00** 10:30 – Drum Fit! 2:00 – Residents Council Meeting (Apple Valley) 2:00 – Snoezelen Room	**5** **Leah 8:00 – 4:00** Shopping at the Terrace Boutique! 10:00am – 12:00pm 2:00 – Music with Rich on Maple Ridge	**6** **Leah 8:00 – 4:00** 11:00 – Group Exercises 11:00 – Anglican Communion (Chapel) 2:00 – Armchair Travel: *Where in the World?!*	**7** **Leah Off** 1:30 Movie on Channel #19: *Jumanji- The Next Level*
8 **Leah Off** 1:30 Movie on Channel #19: *Saving Salone* 2:00 – Central Pentecostal Church Service on Maple Ridge Diwali (Hindi)	**9** **Leah 11:00 – 7:00** 11:00 – Group Exercises 1:30 – Tuck Cart 3:30 – Outing with Maple Ridge – Country Drive	**10** **Leah 11:00 – 7:00** 2:15pm – Remembrance Day Service with Maple Ridge (Cedar Gorge Dining Room) 5:00 – Meal Program – Chinese Food 6:30 – Prayer Group	**11** **Leah Off** **Remembrance Day** Veterans Day Remembrance Day (Canada)	**12** **Leah 8:00 – 4:00** 10:15 – Baking: Apple Cider Donut Bread 2:00 – Games with Maple Ridge	**13** **Leah Off** 11:00 – Group Exercises	**14** **Leah 7:00 – 3:00** 8:30 – Breakfast Club 10:30 – Cookie Cart 1:30 Movie on Channel #19: *Emma* 1:30 – Snoezelen Room
15 **Leah 8:00 – 4:00** 10:15 – Sunday Morning Sing-a-long 1:30 Movie on Channel #19: *Wild Mountain Thyme* 2:00 – Church Service (TV)	**16** **Leah Off** 11:00 – Group Exercises 2:00 – Choir with Susan on Maple Ridge Rich the Wandering Musician Between CG and MR 2:30pm – 4:30pm	**17** **Leah 8:00 – 4:00** 9:45 – Artful Aging Class in the Clearing 2:00 – Manicures *Leah at LED Meeting* *3:00pm – 4:00pm* 6:30 – Prayer Group	**18** **Leah 8:00 – 4:00** 10:30 – Drum Fit! 1:30 – Snoezelen Room	**19** **Leah 8:00 – 4:00** 10:15 – Baking: Tiramisu Cookies 2:00 – Games with Maple Ridge	**20** **Leah 8:00 – 4:00** 11:00 – Group Exercises 2:00 – Craft Group	**21** **Leah Off** 1:30 Movie on Channel #19: *Cry Macho*
22 **Leah Off** 1:30 Movie on Channel #19: *Cruella*	**23** **Leah 8:00 – 4:00** 10:15 – Sing-a-long 11:00 – Group Exercises 1:30 – Tuck Cart	**24** **Leah 11:00 – 7:00** 2:00 – Manicures 5:00 – Meal Program – Pasta Night 6:30 – Prayer Group	**25** **Leah 8:00 – 4:00** 10:00 – Outing with Maple Ridge – Country Drive *Leah at LED Meeting* *1:00pm – 4:00pm*	**26** **Leah 8:00 – 4:00** 10:15 – Baking: Coffee Cake Muffins 2:00 – November Birthday Party & Entertainment with Mary Lynn Woods Thanksgiving Day (U.S)	**27** **Leah Off** 11:00 – Group Exercises	**28** **Leah 7:00 – 3:00** 8:30 – Breakfast Club **Decorating for Christmas!** *Home-wide* 1:30 Movie on Channel #19: *Sometimes, Always, Never*
29 **Leah 8:00 – 4:00** 10:15 – Sunday Morning Sing-a-long 1:30 Movie on Channel #19: *The Good Liar* 2:00 – St. James Anglican Church Service	**30** **Leah Off** 11:00 – Group Exercises *Leah Smith* *Cedar Gorge* *Recreation Therapist* *leahs@wellington.ca* *ext. 7102*					