

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Leah Smith Cedar Gorge Recreation Therapist leahs@wellington.ca ext. 7102		Leah 12:00 – 8:00 1 10:15 – Hymn Sing with Jenee 2:00 – Manicures 2:00 – Museum Presentation with Jenee in the Clearing 5:00 – Meal Program: Chicken Fingers and Fries 6:30 – Prayer Group	Leah 8:00 – 4:00 2 10:15 – Bike Rides 2:00 – Residents Council Meeting (Apple Valley) 2:00 – Snoezelen Room	Leah 8:00 – 4:00 3 11:00 – Anglican Communion in the Chapel 2:00 – Music with Rich	Leah Off 4 11:00 – Group Exercises	Leah 7:00 – 3:00 5 8:30 – Breakfast Club Morning Bike Rides 1:45 – Movie on Channel #19 2:00 – Snoezelen Room	
	Leah 8:00 – 4:00 6 10:15 – Sunday Morning Sing-a-long 1:45 – Movie on Channel #19 2:00 – Church Service (TV)	Leah Off 7 11:00 – Group Exercises Rich the Wandering Musician Between CG & MR 2:30pm – 4:40pm Labor Day	Leah 8:00 – 4:00 8 10:30 – Jamboree (Garden or Clearing) 2:00 – Manicures 6:30 – Prayer Group	Leah 12:00 – 8:00 9 11:30 – Farm Outing & Picnic with Maple Ridge 6:00 – Evening Car Show in the Visitor Parking Lot	Leah 8:00 – 4:00 10 12:30pm – Cedar Gorge BBQ Lunch! 2:00 – Games Afternoon with Maple Ridge	Leah Off 11 11:00 – Group Exercises Rosh Hashanah Begins	Leah Off 12 1:45 – Movie on Channel #19 2:00 – Summer Concert in the Clearing: Entertainment with Alex Burnett and Friends
	Leah Off 13 1:45 – Movie on Channel #19 Grandparents Day	Leah 11:00 – 7:00 14 11:00 – Group Exercises 2:00 – Resident Council Week Event: Bingo \$2/card in the Clearing! Evening Visits with Leah	Leah 8:00 – 4:00 15 9:45 – Artful Aging Class in the Clearing 2:00 – Manicures 6:30 – Prayer Group	Leah 8:00 – 4:00 16 10:00 – Pie in the Face Event in the Clearing Resident Council Week Carnival & Petting Zoo! 1:30pm – 3:30pm	Leah 8:00 – 4:00 17 10:15 – Baking: Apple Fritter Cookies 2:00 – Home-wide Bowling Tournament in the Clearing 2:00 – Music with Rich	Leah Off 18 11:00 – Group Exercises	Leah 7:00 – 3:00 19 8:30 – Breakfast Club Morning Bike Rides 1:45 – Movie on Channel #19 1:30 – Ice Cream Parlor in the Clearing Oktoberfest Begins
	Leah 8:00 – 4:00 20 10:15 – Sunday Morning Sing-a-long 1:45 – Movie on Channel #19 2:00 – Bethel Mennonite Church Service (Cedar Gorge Dining Room) Yom Kippur Begins	Leah Off 21 11:00 – Group Exercises	Leah 12:00 – 8:00 22 2:00 – Manicures Leah at Committee Meeting 2:45pm – 3:15pm 5:00 – Meal Program: BBQ Salmon Dinner 6:30 – Prayer Group Yom Kippur Begins	Leah 8:00 – 4:00 23 Library Outing with Walnut Grove – Mount Forest Branch 9:30am Leah at LED Meeting Afternoon	Leah 8:00 – 4:00 24 10:15 – Baking: Apple Crisp Muffins 2:00 – Birthday Party & Musical Entertainment with Kara Shaw!	Leah 8:00 – 4:00 25 11:00 – Group Exercises 2:00 – Snoezelen Room Sukkot Begins	Leah Off 26 1:45 – Movie on Channel #19
	Leah Off 27 1:45 – Movie on Channel #19	Leah 8:00 – 4:00 28 11:00 – Group Exercises 2:00 – Craft Group Evening Visits with Leah	Leah 12:00 – 8:00 29 2:00 - Manicures 5:00 – Meal Program: BBQ Chicken Skewers 6:30 – Prayer Group 6:30 – Cart Rides with MR	Leah 12:00 – 8:00 30 2:00 – Outing with Maple Ridge Home-wide Campfire with Entertainment with Wally Maags! 7:15pm – 7:45pm	September 2026 Cedar Gorge Recreation Calendar		

PROGRAMS ARE SUBJECT TO CHANGE! PLEASE CHECK DAILY RECREATION WHITEBOARD FOR UPDATES!