

Mental Health Consultation in Child Care

Mental Health Consultants collaborate with programmes about children's mental health. We work in partnership with educators to understand behaviour, support social and emotional learning, and build resiliency in an inclusive environment.

What We Do:

General Consultation to meet the mental health, social, emotional, and behavioural needs of the whole group of children

Training focusing on the inclusion of children with mental health, social, emotional, and behavioural needs

Consultation about an individual child to meet mental health, social, emotional, and behavioural needs so the child can succeed in the program

Who We Serve:

We provide consultation to licensed child care programs, authorized recreation programmes and EarlyON Centres about mental health, emotional, social, and behavioural needs for children birth to age 12 in Wellington County.

Our Focus:

- **Mental Health:** the well-being and development of a child in the emotional, behavioural, social and executive functioning domains
- **Attachment:** the close connection between a child and caring, supportive adults
- **Emotional Regulation:** recognizing, identifying and managing emotions
- **Resiliency:** a child's ability to withstand stress and adversity
- **Temperament:** the combination of a child's mental, physical and emotional traits
- **Social Skills:** friendships, cooperation, social independence, and social interaction

Mental Health Consultants are here to help.
Programs can call Here4Kids.