

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

NOVEMBER 2024

Cedar Gorge Recreation Calendar

<p>Leah Off</p> <p>10:30 – Group Exercises</p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p>	<p>Leah 12:00 – 8:00</p> <p>10:15 – Hymn Sing on Maple Ridge</p> <p>Morning Snoezelen Visits with Naomi</p> <p>Afternoon Tuck Cart Visits</p> <p>2:00 – Sensory Visits</p> <p>6:30 – Ladies Manicures</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Drumm Fit</p> <p>2:00 – Reading Group</p> <p>2:00 – Resident Council Meeting (Apple Valley)</p>	<p>Leah 8:00 – 4:00</p> <p>2:00 – Circle of Song</p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p> <p>2:00 – Remembrance Day Service on Cedar Gorge</p> <p style="text-align: center;"><small>Diwali (Hindu)</small></p>	<p>Leah 7:30 – 3:30</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Men’s Group</p>
<p>Leah 8:00 – 4:00</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Afternoon Church Service</p> <p style="text-align: center;"><small>Daylight Saving Time Ends</small></p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p>	<p>Leah 12:00 – 8:00</p> <p>10:15 – Hymn Sing on Maple Ridge</p> <p>Morning Snoezelen Visits with Naomi</p> <p>Afternoon Tuck Cart Visits</p> <p>2:00 – Sensory Visits</p> <p>6:30 – Ladies Manicures</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Drumm Fit</p> <p>2:00 – Reading Group</p> <p>2:00 – Resident Council Meeting (Apple Valley)</p>	<p>Leah 8:00 – 4:00</p> <p>2:00 – Circle of Song</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Group Exercises</p> <p>2:00 – Remembrance Day Service on Cedar Gorge</p>	<p>Leah Off</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Remembrance Day Reflection with Bev (Maple Ridge)</p>
<p>Leah Off</p> <p>2:00 – St. Andrews Presbyterian Church Service with Maple Ridge</p> <p>Afternoon Movie on Channel 19</p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p> <p style="text-align: center;">Remembrance Day </p> <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>Leah 12:00 – 8:00</p> <p>Afternoon Tuck Cart Visits</p> <p>2:00 – Sensory Visits</p> <p>Travelling Library</p> <p>6:30 – Ladies Manicures</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Drumm Fit</p> <p>10:30 – Catholic Mass (Chapel)</p> <p>Leah at LED Meeting 2:00 – 4:00</p>	<p>Leah 8:00 – 4:00</p> <p>10:15 – Wellness Presentation with Megan</p> <p>2:00 – Games Afternoon: Kerplunk!</p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p> <p>11:00 – Anglican Communion</p>	<p>Leah 7:30 – 3:30</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Men’s Group</p>
<p>Leah 8:00 – 4:00</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Afternoon Church Service</p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p>	<p>Leah 12:00 – 8:00</p> <p>Morning Snoezelen Visits with Naomi</p> <p>Afternoon Tuck Cart Visits</p> <p>2:00 – Museum Presentation: Remembrance</p> <p>6:30 – Ladies Manicures</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Drumm Fit</p> <p>2:00 – Ladies Tea Social</p>	<p>Leah 8:00 – 4:00</p> <p>10:15 – Armchair Travel</p> <p>2:00 – Birthday Party and Entertainment with the Shakey Classics!</p>	<p>Megan 8:00 – 4:00</p> <p>Leah Off</p> <p>10:15 – Snoezelen</p> <p>10:30 – Group Exercises</p> <p>Afternoon Visits with Megan</p>	<p>Leah Off</p> <p>Afternoon Movie on Channel 19</p>
<p>Leah Off</p> <p style="background-color: yellow; padding: 5px;">Leah Smith Cedar Gorge Recreation Therapist leahs@wellington.ca ext. 7401</p>	<p>Leah 11:00 – 7:00</p> <p>10:30 – Group Exercises</p> <p>2:00 – Decorating for the Holidays</p>	<p>Leah 12:00 – 8:00</p> <p>Afternoon Tuck Cart Visits</p> <p>2:00 – Sensory Visits</p> <p>6:30 – Ladies Manicures</p>	<p>Leah 8:00 – 4:00</p> <p>10:30 – Drumm Fit</p> <p>2:00 – Decorating for the Holidays</p>	<p>Leah 8:00 – 4:00</p> <p>10:15 – Armchair Travel</p> <p>2:00 – Circle of Song</p> <p style="text-align: center;"><small>Thanksgiving Day</small></p>	<p>Leah Off</p> <p>10:30 – Group Exercises</p> <p>2:00 – Hymn Sing with Beth (Jenee Supporting)</p>	<p>Leah 7:30 – 3:30</p> <p>Afternoon Movie on Channel 19</p> <p>2:00 – Men’s Group</p>

PROGRAMS ARE SUBJECT TO CHANGE – PLEASE CHECK DAILY RECREATION WHITEBOARD FOR UPDATES!