



#tastereal | #ruralromp



Celebrate the local harvest! Meet the people who grow your food, participate in activities, and pick up fall produce and decor at Guelph/Wellington local food locations.

Find the story behind your food.

Fall Rural Romp 2026

A self-guided tour of farms, markets and local food and drink locations in Centre Wellington, Erin, Puslinch, Guelph/ Eramosa and Guelph.



taste-real
FROM THE GROUND UP
GUELPH WELLINGTON LOCAL FOOD

1 Cox Creek Cellars
7687 Wellington Road 22, Guelph
519.767.3253 | www.coxcreekcellars.com
Nestled in the countryside, this winery offers handcrafted wines, McQuade's Hard Cider, and non-alcoholic beverages. Stroll the scenic grounds and trails or relax with yard games. Wood-fired pizza is available from 12:00 - 7:00 pm. Browse the shop for local gifts, specialty treats, and seasonal favourites. Open 10:00 am - 8:00 pm.
Must Taste: Wood Fired Pizza paired with McQuade's Hard Cider.

2 Crieff Hills Retreat Centre
7098 Concession 1, Puslinch
1.800.884.1525 | www.crieffhills.com
Spend some time at this 250-acre retreat centre exploring kilometres of scenic trails, visiting the market garden, and meeting a variety of farm animals. Shop the on-site farm store for seasonal vegetables, farm-raised meats, and preserves, and learn more about the farm's sustainable approach to growing food.
Must Taste: Chef-created Preserves.

3 Dixon's Distilled Spirits
355 Elmira Road North - Unit 106, Guelph
519.362.3358 | www.dixondistilledspirits.com
An award-winning craft distillery located in Guelph, Ontario. Inspired by the rich heritage of Ontario's agricultural heartland, they use the finest locally-grown ingredients to produce wicked smooth, small-batch spirits. Enjoy samples, cocktails, and a first-hand look at the distilling process. Plus, talk to the distillers about how it's made! Open 10:00 am - 6:00 pm.
Must Taste: Peach Mango Vodka.

4 Elora Distilling Company
102 Metcalfe Street - Unit 4, Elora
226.384.7777 | www.eloradistillingcompany.com
Step behind the scenes at Elora Distilling Company and explore the production space where handcrafted spirits are made. Take a self-guided tour, learn about the grain-to-glass process, and enjoy complimentary spirit samples for guests 19+. Browse the retail shop for a bottle to take home or relax with a cocktail flight. Retail and Royal Room Hours: 10:00 am - 10:00 pm. Rural Romp Hours: 11:00 am - 5:00 pm.
Must Taste: Large selection of grain-to-glass spirits.

5 Elora Farmers' Market
127 East Mill Street, Elora (Bissell Park)
www.elorafarmersmarket.ca
Join Elora Farmers' Market for fun, fabulous, farm-fresh local food in beautiful Bissell Park, right on the banks of the Grand River. Enjoy a delicious breakfast, live music, food demos, and tasty samples. Meet local food producers, growers, makers, bakers, and Esmeralda the cow—she loves photos! Open 9:00 am - 1:00 pm.
Must Taste: Water Buffalo Meats and Sourdough Coffee Cake.

Great giveaways and prizes to be won!



Pick up a **Free Tree** at the Green Legacy Open House.



Bring your camera and share your photos **#tastereal #ruralromp**



Win a prize! Answer a Treasure Hunt question at each stop for a chance to win! Look for the QR code at each location. Details at www.tastereal.ca

6 Erin Hill Acres Tourism Farm
5837 Third Line, Hillsburgh
519.806.7273 | www.erinhillacres.farm
Visit with Highland cows and other friendly farm animals, enjoy wagon rides, farm tours, and live music. Shop the renovated 1800s barn for farm-fresh honey, lavender goods, décor, gifts, and more, and enjoy wood-fired pizza, lavender lemonade, and seasonal treats. Open 9:00 am - 5:00 pm. Admission applies for harvest activities; pre-book online.
Must Taste: Wood Fired Pizza paired with Lavender Lemonade.

7 The Fieldstone Barn
7450 Middlebrook Road, Elora
416.892.6775 | www.thefieldstonebarn.com
Visit this historic stone barn and flower farm. Enjoy tasting freshly bottled sunflower honey—it is a must-try! The farm store will be open, and pumpkins may be ready for harvesting—over ten varieties were planted! While visiting, challenge yourself in the corn mazes and say hello to three resident alpacas. Open 10:00 am - 2:00 pm.
Must Taste: Sunflower Honey.

8 Food Forest Centre Wellington
550 Belsyde Avenue East (behind the tennis courts), Fergus
📍 Food-Forest-Centre-Wellington
Discover this edible garden open to the public seasonally! Tour this pilot project, meet friendly volunteers, and learn about perennial fruits, vegetables, and herbs. Enjoy samples, including the must-try chocolate mint tea, and press your own apple or pear cider to take home. See how food forests work, sample what's growing, and discover new ways to enjoy local food.
Must Taste: Chocolate Mint Tea.

9 Gerrie's Farm Market Inc.
7646 Colborne Street, Elora
519.846.9639 | www.gerriesfarmmarket.ca
The Gerrie family has been farming since the 1940s. Stop by to enjoy their annual Sample-it-Saturday event from 10:00 am - 2:00 pm, featuring local vendors and delicious samples. Don't forget to stock up on fresh-picked produce, baked goods, and festive fall décor, while kids enjoy activities and explore the farm equipment on display. Open 8:00 am - 5:00 pm.
Must Taste: Fluffy Tea Biscuits.

10 The Green Legacy Tree Nursery
6714 Wellington Road 34, Puslinch
519.400.3040 | www.greenlegacy.ca
Visit the County of Wellington Green Legacy tree nursery and pick up a free tree! Stop by for refreshments, explore the nursery, tour the greenhouses, go on a hike and try your hand at transplanting a tree. Learn how they work with students and volunteers to help increase forest cover locally. Green Legacy nurseries provide 170,000 trees annually to residents and landowners in Wellington County.
Must Taste: Eastern Hemlock Tea with Maple Syrup.

11 Grounded Getaway
5722 7th Line, Rockwood
519.830.0080 | www.groundedgetaway.ca
Slow down and soak in the vibrant colours of the season at Grounded Getaway. Meet the owners, learn about the history of the farm, explore scenic walking trails, pick apples in the orchard, relax in the outdoor library, and visit the farm animals. Come experience the simple joys and charm of farm life!
Must Do: Apple Picking and Trail Walking.

12 Guelph Farmers' Market
2 Gordon Street, Guelph
www.guelphfarmersmarket.ca
A community cornerstone since 1827, and one of Guelph's oldest and most-loved community spaces, the market offers fresh local food, artisanal products, and a welcoming atmosphere. Shop the season's best produce, enjoy hot food, buskers, and meet local farmers! Open 8:00 am - 1:00 pm.
Must Do: Explore over 50 vendors!

13 Harmony Meadows Alpaca Farm
6185 6th Line, Belwood
519.827.0939 | www.harmonymeadowsalpaca.ca
Get up close with the friendly alpacas and free-range chickens at Harmony Meadows! Learn all about these gentle animals and the incredible warmth and softness of alpaca fibre. Don't forget to stop by the on-site farm store, where you'll find cozy alpaca socks, clothing, duvets, and adorable toys—perfect for a warm and memorable fall outing.
Unique Items: Alpaca Yarn and Garden Pellets.

14

Heartwood Farm and Cidery

5438 2nd Line, Acton
226.979.7860 | www.heartwoodfarm.ca

Discover this diverse 42-acre ecosystem of pasture, orchards, woods, and wetlands. Sip cider on a woodland patio, meet livestock grazing in the fields, and see how regenerative farming helps restore and enrich the landscape. Be sure to browse the farm store for cider and other take-home delights.
Must Taste: Non-alcoholic Concord Grape Sparkle.

15

Heritage House Farms

4597 Sideroad 12 North, Puslinch
416.571.8649 | www.heritagehousefarms.ca

Experience life on a family farm! Meet the friendly chickens (keep an eye out for Cilantro and Cleopatra), browse the on-farm store, and shop for locally raised beef, pork, poultry, and seasonal products, along with goods from other local farmers and makers. Don't leave without picking up their popular maple blueberry breakfast sausages—a local favourite.
Must Taste: Maple Blueberry Breakfast Sausage.

16

Hilltop Honey

5503 Trafalgar Road, Erin
416.702.8190 | hilltop-honey-erin.square.site

Discover award-winning honey at this charming micro apiary nestled in the scenic hills of Erin. Learn how honey is extracted, meet hardworking honeybees, and taste handcrafted, small-batch unpasteurized honey. Browse local honey products and enjoy a fun, educational stop for all ages. Bee experiences run every 30 minutes from 11:00 am - 2:00 pm. Space is very limited.
Must Taste: Award-winning Honey!

17

The Hive An Arts Collective

33 Cork Street West, Guelph
519.362.7954 | www.tricitybeerescue.ca

Step into a vibrant community space where creativity meets countryside charm! Browse this local artisan market featuring handcrafted goods, local art, and farm-fresh products. Enjoy tasty samples and seasonal treats while you explore the space. Meet some friendly animals, including a cow from JC Cattle. Open 11:00 am - 3:00 pm.
Must Taste: Tallow Potato Chips.

18

Ignatius Jesuit Centre

5420 Highway 6 North, Guelph
519.824.1250 | www.ignatiusguelph.ca

A place of learning, reflection, and ecological care located on 600 acres of farmland, forests, wetlands, and trails. Learn about regenerative farming and land stewardship. Discover IJC's connection to agriculture, sustainability, and community. The Romp takes place alongside Roots and Renewal, a community event from 12:00 - 4:30 pm, featuring local vendors, food, wagon rides, tree planting, and more.
Must Taste: All the Veggies!

19

Red Rabbit Gardens

5835 Wellington Road 26, Erin
905.327.7019 | www.redrabbitgardens.com

Discover local farming at this small, diversified family farm. Tour the property, meet pasture-raised animals, and explore the vegetable gardens, U-cut flowers, and new pick-your-own pumpkin patch. Shop at the farm store and learn about growing vegetables. Kids can enjoy the hay slide and play area.
Must Taste: Veggie Salts.

20

Royal City Nursery

6838 Wellington Road 124, Guelph
519.824.4998 | www.royalcitynursery.com

Explore Royal City Nursery's native and pollinator-friendly plants, trees, shrubs, and seasonal décor. Chat with knowledgeable staff about gardening, growing food, and supporting pollinators. Families can enjoy a free educational scavenger hunt and kids' activities, with leashed dogs welcome. Open 9:00 am - 5:00 pm.
Must Taste: Serendipity Handmade Cookies.

21

Strom's Farm and Bakery

5089 Wellington Road 32, Guelph
519.822.1070 | www.strom.ca

Get ready for fall as you wander through 9,000+ pumpkins. Step inside the market and bakery for famous butter tarts made without corn syrup, pumpkin pie, and more. Experience the Harvest Fun Area (fee) featuring a five-acre themed corn maze, wagon rides, pedal carts, a low ropes course, pumpkin chuckin', human foosball, fire pits and more. Open 9:30 am - 6:00 pm.
Must Taste: Haskap Buttermarts.

22

Wellington Brewery

950 Woodlawn Road West, Guelph
519.837.2337 | www.wellingtonbrewery.ca

Stop by Wellington Brewery, one of Canada's original craft breweries, and enjoy award-winning beers brewed with a focus on quality, sustainability, and creativity. Visit the Taproom for a pint, a tasting flight, or a tasty snack while learning about a brewery that has helped shape Ontario's craft beer scene. Open 10:00 am - 7:00 pm.
Must Taste: Beer Flight.

23

Wicked Welly Farm and Apiary

8755 Wellington Road 18, Belwood
226.820.1413 | www.wickedwelly.ca

Small but mighty! Wicked Welly Farm and Apiary is a family-run farm in Belwood. This picturesque 25-acre farm raises a variety of livestock, grows organic vegetables, has free range eggs, a honeybee apiary and does homemade preserves, maple syrup and freeze-dried products. Come visit their on-farm store and join them for a tour of the property!
Must Taste: Freeze Dried Butter Tarts.

