

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Walnut Grove Monthly Activity Calendar						Jenee WG 8 – 4 Morning Bike Rides 1:30 Movie Channel 19 2:00 Ice Cream Social
Jenee 1:00-3:30 2 1:30 Movie Channel 19 2:00 Church Service Knox Presbyterian	Karn Off 3 No Formal Programs Civic Stat Holiday	Karn Off 4 11:00 Exercise Group on Birch Dale 2:00 Tea Social on BD	Makayla 11-7 5 Morning Tuck Cart Visits 11:00 Exercise Group 2:00 Games	Karn Off 6 11:00 Exercise Group on Birch Dale 6:30 Bingo with Whitney on BD	Makayla 8 - 4 7 10:15 Walking Club Morning Visits with Makayla 2:00 RC week Planning meeting 2:00 Coffee & Conversation with Makayla	Karn Off 8 1:30 Movie Channel 19 1:30 Home Wide Ice cream parlour for family and friends to bring loved ones to
Karn Off 9 1:30 Movie Channel 19	Karn 7:30-3:30 10 CORN HUSKING!! Morning Bike Rides 11:00 Exercise Group 2:00 Bowling 6:30 Pray Group with Deacon Paul	Karn 8-4 11 10:15 Hymn Sing WG/BD Travelling Library 1:30 Art with Allie Afternoon Manicures	Karn 12-8 12 Morning Tuck Cart Visits 11:00 Exercise Group Water Games All Day 3:30 Vegan Pantry Evening Strolls	Karn Off 13 11:00 Exercise Group on Birch Dale 6:30 Bingo with Whitney on BD	Karn 7:30-3:30 14 10:15 Walking Club Morning Visits with Karn 2:00 Butter tart & Ice cream outing	Karn 7:30-3:30 15 Morning Bike Rides 1:30 Movie Channel 19 2:00 Ice Cream Social
Karn 7:30-3:30 16 10:00 Cart Rides 11:15 Virtual Catholic Mass 12:00 Garden View Lunch 1:30 Movie Channel 19 2:00 Hymn Sing	Karn Off 17 11:00 Exercise Group 2:00 Bowling 6:30 Pray Group with Deacon Paul	Karn 7:30-3:30 18 11:00 Exercise Group on Birch Dale 1:30 Art with Allie 2:30 Sing along	Karn 11-7 19 Morning Tuck Cart Visits 11:00 Exercise Group 2:00 Bingo on BD	Karn 7:30-3:30 20 11:00 Exercise Group on Birch Dale Resident 20th Anniversary Meal	Karn Off 21 11:00 Exercise Group	Makayla 8 - 4 22 10:30 No Name Band – in the Clearing for family and friends to bring loved ones to 1:30 Movie Channel 19 2:00 Bingo on BD 2:00 Snoezelen Visits
Karn Off 23 1:30 Movie Channel 19 2:00 St. Andrew's Presbyterian Church Service	Karn Off 24 11:00 Exercise Group 6:30 Pray Group with Deacon Paul	Karn 7:30-3:30 25 11:00 Exercise Group on Birch Dale 1:30 Art with Allie 2:00 Sing a long	Karn 11-7 26 Morning Tuck Cart Visits 11:00 Exercise Group 2:00 Bingo on BD 4:00 Vegan Pantry 6:30 Evening Music	Karn Off 27 11:00 Exercise Group on Birch Dale 1:45 Puppy Visits on Birch Dae	Karn 7:30-3:30 28 11:00 Exercise Group 12:00 Neighbourhood BBQ 2:00 Coffee & Conversation with Deb	Karn 7:30-3:30 29 Morning Bike Rides 1:30 Movie Channel 19 2:00 Summer Music – in the Clearing for family and friends to bring loved ones to
Karn 7:30-3:30 30 10:00 Cart Rides 11:15 Virtual Catholic Mass 12:00 Garden View Lunch 1:30 Movie Channel 19 2:00 Hymn Sing	Karn Off 31 11:00 Exercise Group 2:00 Bowling	Karn Denkers Recreation Therapist (519) 846-5359 ext 7739 karnd@wellington.ca Programs are subject to change or cancellation but Karn will do her best to replace with other opportunities. Outings and meal programs are by invitation to ensure fairness				